



# Erin School Running Club 2021



The 2021 Erin School Running Club is designed to help provide a fun way for students to stay active after school. This is one of our *Fuel Up to Play 60* programs aimed at helping all students to be active at least 60 minutes a day. The Erin School Running Club is free and open to all **2<sup>nd</sup> – 8<sup>th</sup> graders**. The club will meet after school on the following dates:

## Grades 2<sup>nd</sup> – 3<sup>rd</sup> Schedule

Thursday, September 9	3:16 – 4:15
Thursday, September 16	3:16 – 4:15
Thursday, September 23	3:16 – 4:15

## Grades 4<sup>th</sup> – 5<sup>th</sup> Schedule

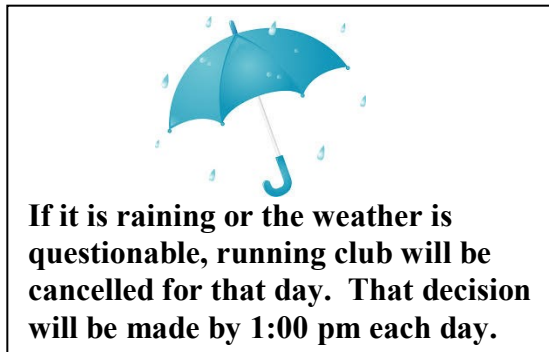
Wednesday, September 8	3:16 – 4:15
Wednesday, September 15	3:16 – 4:15
Monday, September 20	3:16 – 4:15

## Grades 6<sup>th</sup> – 8<sup>th</sup> Schedule

Tuesday, September 7	3:16 – 4:15
Tuesday, September 14	3:16 – 4:15
Tuesday, September 21	3:16 – 4:15

## **Cross Country Meet** Wednesday September 22

This meet is open to all 4<sup>th</sup> – 8<sup>th</sup> graders from our running club. We will send out more specifics about the meet and sign-up information at a later date. This 2500 meters race will be held at Heritage Park (4128 Hubertus Road Hubertus, WI 53033). Parents will need to provide their own transportation for their student to this meet.



**Students need to be *picked up at door #3 by 4:20*, or they can go to after-school child care.**

**Students should wear proper athletic shoes and dress appropriately for the weather.**

**To register your child for the Running Club, please click [here](#) or go to [www.erinschool.org](http://www.erinschool.org).**

**Please register by Thursday, Sept. 2<sup>nd</sup>**

The running club will teach students proper stretching and running techniques, as well as help improve their fitness level through a variety of conditioning games and activities. The clinic will be organized by Mr. Mueller and Mrs. Jelen.

Students are encouraged to attend all training sessions, but we understand that they may have other commitments for some of the dates. Please inform the coaches of dates they are not able to attend, so we can plan our training sessions.

A special thank you to Fuel Up to Play 60 – Dairy Farmers of Wisconsin!

If you have questions, please contact Mr. Mueller.  
(673-3720 ext. 4131) [Mueller@erinschool.org](mailto:Mueller@erinschool.org)

