



Erin School Running Club 2020



The 2020 Erin School Running Club is designed to help provide a fun way for students to stay active after school. This is one of our *Fuel Up to Play 60* programs aimed at helping all students to be active at least 60 minutes a day. The Erin School Running Club is free and open to all **2nd – 8th graders**. The club will meet after school on the following dates:

Grades 2nd – 3rd Schedule

Thursday, September 10 3:16 – 4:15

Wednesday, September 16 3:16 – 4:15

Tuesday, September 22 3:16 – 4:15

Grades 4th – 5th Schedule

Wednesday, September 9 3:16 – 4:15

Tuesday, September 15 3:16 – 4:15

Monday, September 21 3:16 – 4:15

Grades 6th – 8th Schedule

Tuesday, September 8 3:16 – 4:15

Monday, September 14 3:16 – 4:15

Thursday, September 17 3:16 – 4:15



If it is raining or the weather is questionable, running club will be cancelled for that day. That decision will be made by 1:00 pm each day.



After school, classroom teachers will bring the students outside to an open area with their grade level only for each training session.

*Students need to be **picked up at door #3 by 4:20**, or they can go to after-school child care.*

Students should wear proper athletic shoes and dress appropriately for the weather.

To register your child for the Running Club, please click [here](#) or go to www.erinschool.org .

Please register by Wednesday, Sept. 2nd (sorry no running club shirts this year.)

The running club will teach students proper stretching and running techniques, as well as help improve their fitness level through a variety of conditioning games and activities. The clinic will be organized by Mr. Mueller and Mrs. Jelen.

Students are encouraged to attend all training sessions, but we understand that they may have other commitments for some of the dates. Please inform the coaches of dates they are not able to attend, so we can plan our training sessions.

A special thank you to Fuel Up to Play 60 – Dairy Farmers of Wisconsin!

If you have questions, please contact Mr. Mueller.
(673-3720 ext. 4131) Mueller@erinschool.org

